

GETTING STARTED WITH THE SECRET PLACE WITHIN ECOSYSTEM

Welcome

Welcome to The Secret Place Within ecosystem.

Whether you are seeking healing from past wounds, freedom from unhealthy patterns, spiritual growth, deeper discipleship, or greater fruitfulness in your walk with Christ, this ecosystem was created to help guide you through a biblical process of transformation.

The Secret Place Within ecosystem is more than a book, workbook, or study. It is a discipleship journey designed to help participants move from awareness to healing, from healing to freedom, from freedom to spiritual maturity, and from spiritual maturity to Kingdom fruitfulness.

No matter where you begin, the goal remains the same:

To help people know Jesus more deeply, walk in freedom through the Holy Spirit, and become fruitful disciples who help others do the same.

Understanding the Ecosystem

The ecosystem consists of several resources that work together.

The Secret Place Within (Reader's Book)

The Reader's Book provides the foundational teachings of the journey. It introduces biblical truths regarding attachments, belief systems, identity, emotional wounds, spiritual growth, discipleship, and transformation.

The Secret Place Within Workbook

The Workbook helps participants personally apply what they are learning through reflection, journaling, prayer, self-examination, practical exercises, and weekly growth activities.

Leader's Guide

The Leader's Guide equips facilitators to lead groups, guide discussions, encourage participants, and maintain healthy group environments.

Mentor's Guide

The Mentor & Discipleship Guide supports one-on-one mentoring relationships and helps mentors walk alongside participants with wisdom, encouragement, accountability, and prayer.

Ecosystem Resources

Additional worksheets, assessments, activations, teaching resources, and discipleship tools are available to reinforce long-term growth and maintenance.

The Open Place Within

The Open Place Within is the next phase of the journey.

While The Secret Place Within focuses on healing, freedom, identity, and transformation, The Open Place Within focuses on fruitfulness, multiplication, leadership development, stewardship, and disciple-making.

Choose Your Path

Different people enter the ecosystem from different places.

Select the path that best describes your situation.

- Individual Participant
- Small Group Participant
- Mentorship Path
- Church Implementation
- Recovery Ministry Path
- Counseling Support Path
- Prison Ministry Path
- New Believer Path
- Leadership Development Path

PATH 1: INDIVIDUAL PARTICIPANT

Who Is This For?

Individuals pursuing:

- Spiritual growth
 - Healing from past wounds
 - Freedom from unhealthy patterns
 - Stronger identity in Christ
 - Personal discipleship
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Step 1: Read The Secret Place Within

Purpose

To establish a biblical foundation for understanding healing, freedom, identity, transformation, and Spirit-led living.

What To Do

Read through the book carefully and prayerfully.

Highlight key insights.

Take notes in a journal.

Ask God to reveal areas where growth and healing may be needed.

Next Step

Begin the Workbook.

Step 2: Complete the Workbook

Purpose

To move biblical truth from information into personal application.

What To Do

Complete one section at a time.

Work through daily exercises.

Journal honestly.

Pray regularly.

Apply what you are learning to daily life.

Next Step

Utilize ecosystem resources for continued growth.

Step 3: Utilize Supplemental Resources

Purpose

To strengthen transformation and help maintain long-term spiritual growth.

What To Do

Use available worksheets and assessments such as:

- Spiritual Drift Warning Signs
- S.T.A.N.D. Accountability Worksheet
- Fruit Inspection Assessment
- Holy Obedience Worksheet
- Gratitude & Growth Exercises

Next Step

Consider joining a group or mentoring relationship.

Step 4: Continue Growing

Purpose

Transformation is not the finish line.

Discipleship continues throughout life.

What To Do

Maintain healthy spiritual habits.

Stay connected to Christian community.

Continue practicing Spirit-led living.

Next Step

Begin The Open Place Within.

PATH 2: SMALL GROUP PARTICIPANT

Who Is This For?

Church groups, discipleship groups, men's groups, women's groups, and recovery support groups.

Step 1: Obtain Required Materials

Participant Materials

- Reader's Book
- Workbook

Leader Materials

- Leader's Guide
- Teaching Inserts

- Video Teachings
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Step 2: Follow Weekly Rhythm

Purpose

To combine personal growth with community support.

Weekly Structure

Days 1–6:

Personal workbook activities.

Day 7:

Group discussion and reflection.

Step 3: Participate Fully

What To Do

Attend consistently.

Participate honestly.

Respect confidentiality.

Encourage others.

Remain teachable.

Step 4: Continue Beyond Completion

Next Step

Mentorship, leadership development, or The Open Place Within.

PATH 3: MENTORSHIP PATH

Who Is This For?

Individuals seeking deeper accountability and discipleship support.

Step 1: Understand the Mentor's Role

Purpose

To establish healthy expectations and boundaries for mentoring relationships.

What To Do

Review the Mentor & Discipleship Guide introduction and mentor principles.

Remember that mentors are not counselors, therapists, or saviors. Their role is to encourage, listen, pray, support, and point participants toward Jesus Christ and biblical truth.

Step 2: Establish a Mentoring Rhythm

Suggested Flow

- Opening Prayer
 - Weekly Reflection
 - Workbook Discussion
 - Accountability Check-In
 - Encouragement
 - Prayer
 - Next Steps
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Step 3: Complete the Journey Together

Goal

Help participants grow toward spiritual maturity and eventually disciple others.

PATH 4: CHURCH IMPLEMENTATION

Who Is This For?

Pastors, ministry leaders, discipleship directors, recovery leaders, and church leadership teams.

Step 1: Review the Ecosystem

Purpose

To determine how the ecosystem fits your ministry needs.

Review Materials

- Church Pitch Deck
 - Sample Reader's Book
 - Sample Workbook
 - Sample Leader Resources
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Step 2: Select an Implementation Model

Possible ministry applications:

- Small Groups
- Men's Ministry
- Women's Ministry
- Discipleship Ministry
- Recovery Follow-Up Ministry
- New Believer Ministry

Step 3: Launch a Pilot Group

Recommended Pilot Size

6–12 participants.

Goal

Evaluate effectiveness before expanding church-wide.

Step 4: Expand and Multiply

Long-Term Vision

Develop facilitators.

Develop mentors.

Develop disciple-makers.

Multiply healthy discipleship throughout the church.

PATH 5: RECOVERY MINISTRY PATH

Purpose

To provide a discipleship bridge beyond recovery stabilization.

Suggested Flow

Recovery Program



Celebrate Recovery or Similar Program



Stabilization and complete the 12 steps



The Secret Place Within



Identity Renewal



Spirit-Led Living



Fruitfulness



The Open Place Within

Important Clarification

The ecosystem is not intended to replace recovery ministries.

It is designed to complement and extend discipleship growth beyond recovery.

PATH 6: COUNSELING SUPPORT PATH

Purpose

To support spiritual growth alongside counseling.

Important Clarification

The Secret Place Within is not professional counseling or therapy. It is a biblical discipleship resource.

Suggested Use

Read assigned sections.

Complete workbook exercises.

Discuss insights with counselors as appropriate.

Participate in mentoring or group support if available.

PATH 7: PRISON MINISTRY PATH

Purpose

To provide a structured discipleship process before and after release.

Suggested Flow

Reader's Book

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Workbook

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Facilitated Group

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Mentoring

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Re-Entry Support

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The Open Place Within

Goal

To help participants build a lasting biblical foundation that supports long-term transformation and successful reintegration.

PATH 8: NEW BELIEVER PATH

Purpose

To help new believers establish strong foundations.

Suggested Church Pathway

Salvation



Basic Foundations



The Secret Place Within



Spirit-Led Living



The Open Place Within



Leadership Development

Goal

To move believers from spiritual infancy toward maturity and fruitfulness.

PATH 9: LEADERSHIP DEVELOPMENT PATH

Purpose

To develop future mentors, facilitators, and disciple-makers.

Suggested Progression

Participant



Graduate



Mentor Training



Mentor



Facilitator



Leader Development



Disciple-Maker

Goal

To create multiplication rather than dependence.

THE COMPLETE ECOSYSTEM JOURNEY

DISCOVERY



The Secret Place Within



TRANSFORMATION

Workbook Journey



SUPPORTED GROWTH

Mentors • Groups • Leaders



MAINTENANCE

Activations • Worksheets • Accountability



FRUITFULNESS

30 Fold • 60 Fold • 100 Fold



MULTIPLICATION

The Open Place Within



DISCIPLE-MAKING

Mentoring Others



KINGDOM IMPACT

Frequently Asked Questions

Do I need to complete every path?

No. Follow the path that best fits your current situation and season of growth.

Do I need a mentor?

No. However, many participants benefit from accountability, encouragement, and support through mentoring relationships.

Can churches use only part of the ecosystem?

Yes. Churches may implement individual components or the complete ecosystem.

What happens after completing The Secret Place Within?

Participants are encouraged to continue growing through mentoring, leadership development, disciple-making, and The Open Place Within.

Is freedom the finish line?

No.

Freedom is a milestone.

Fruitfulness, multiplication, and lifelong discipleship are the ongoing journey.

Final Encouragement

Transformation is not achieved through information alone.

It happens as biblical truth is received, applied, practiced, and lived daily through the power of the Holy Spirit.

Our prayer is that this ecosystem helps you move beyond simply knowing about freedom and into living a fruitful life that glorifies Jesus Christ and impacts others for His Kingdom.